

It's FREE and welcomes anyone up to age 25 and their families

With online and in-person rehearsals you can make music your own way! sing, move, dance, sign, make sounds with an instrument or soundmaker.

Online rehearsals

Once per fortnight during term time Via Zoom – a link will be sent to those who sign up

Next in-person rehearsal



FIND OUT MORE + SIGN UP mehem.org/inclusive



